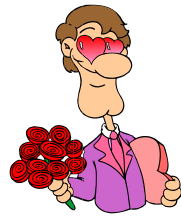




Elmwood Care
7733 W. Grand Avenue
Elmwood Park, IL 60707
708-452-9200
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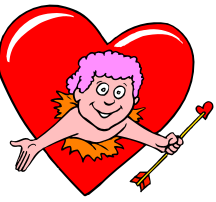


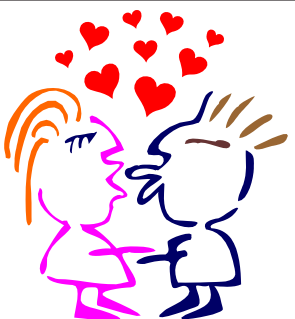

February 2012

Activities & Events - Floors 1, 3 and 4

Specialists in Rehabilitation

❖
Experts in Caring



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>February is...</p> <p><i>American Heart Month</i></p> <p><i>Black History Month</i></p> <p><i>Great American Pie Month</i></p>		<p>1</p> <p>10:00 Morning Exercise W/Snack 10:30 National Freedom Day Reminisce 11:00 Groundhog Day Reminisce 11:30 Prepare For Lunch 2:00 Church Service 3:00 Table Top Bowling 3:30 Robinson Cruise Day 4:00 Bingo Cupid 5:00 Black History Trivia</p>	<p>2</p> <p>10:00 Sittercise W/Snack 10:30 Ground Hog Day Reminisce 11:00 Condemns Trivia 11:30 Prepare For Lunch 2:00 Bird House Craft 2:30 Black History Month Intro Reminisce 3:00 Who Am I- Puzzle 3:30 Brush Window Art Fun 4:00 Craniums Woodies 4:30 Dot To Dot Challenge Fun 5:00 Current News</p>	<p>3</p> <p>10:00 Let's Get Fit W/Snacks 10:30 Showtime At Elmwood W/Popcom 11:30 Prepare For Lunch 2:00 Social Hour 3:00 Bingo Cupid 4:00 Famous Trivia Challenge 4:30 Mardi Gras Intro Reminisce 5:00 Black History Month Trivia</p>	<p>4</p> <p>10:00 Bible Study 11:00 Monthly Gazette Reminisce 11:30 Prepare For Lunch 2:00 Mandala Reminisce 3:00 Valentine Easy Fun 3:30 Civil Rights Reminisce 4:00 Puzzle Oscars Match Challenge 4:30 Connect Four Fun 5:00 Black History</p>	
<p>5</p> <p>10:00 Exercise Health Living W/Snack 10:30 Skier Challenge 11:00 You Pulling My Leg 11:30 Prepare For Lunch 2:00 Social Hour 3:00 Bingo Madness 4:00 Table Top Fun 5:00 Black History Reminisce</p>	<p>6</p> <p>10:00 Sit Exercise W/Snack 10:30 What's In The Bag 11:00 February IQ 11:30 Prepare For Lunch 2:00 Cupid Bingo 3:00 Snack Food Crossword Puzzle 4:00 Dot To Dot Challenge 4:30 Daily Chronicle Reminisce 5:00 Current News</p>	<p>7</p> <p>10:00 Morning Exercise W/Snack 10:30 Cranium Challenge Fun 11:00 Black History Month Reminisce 11:30 Prepare For Lunch 2:00 Bird Craft 2:30 Curtain Calls Reminisce 3:00 Lets Talk Pictures Fun 3:30 Heart Color Match Fun 4:00 Leap Year Search Challenge 5:00 Current News</p>	<p>8</p> <p>10:00 Morning Exercise W/ Snacks 10:30 Heart Valentine Craft 11:00 Find The Word Valentine 11:30 Prepare For Lunch 2:00 Church Services 3:00 Nintendo Fun W/Social Gathering 4:00 Whats In The Bag 5:00 Current News</p>	<p>9</p> <p>10:00 Let's Get Fit W/Snack 10:30 Let's Write A Love Story 11:00 Table Top Bowling 11:30 Prepare For Lunch 2:00 Reminisce The First Day You Fell In Love 3:00 Dominoes Fun 4:00 Quote Of The Day 5:00 Current News</p>	<p>10</p> <p>10:00 Showtime At Elmwood 11:30 Prepare For Lunch 2:00 Social Gathering 3:00 Manicure Day 3:30 On This Day Of Love 4:00 Show And Tell 5:00 Current News</p>	<p>11</p> <p>10:00 Bible Study 11:30 Prepare For Lunch 2:00 Coffee Clutch Social 3:00 Guess Who Loves Me 4:00 Slap Jack Card Game 5:00 Current News</p>	
<p>12</p> <p>10:00 Exercise W/Snacks 10:30 Show Time At Elmwood 11:30 Prepare For Lunch 2:00 Bingo Time 3:00 Trash Game 4:00 Connect Four 4:30 Black History Reminisce 5:00 Current News</p>	<p>13</p> <p>10:00 Let's Get Fit W/Snacks 10:30 Balloon Tennis 11:00 Black History Reminisce 11:30 Prepare For Lunch 2:00 Pass Out The Heart 3:00 Let's Dance With Love 4:00 Puzzle Time 5:00 Current News</p>	<p>14 <i>Happy Valentine's Day</i></p> <p>10:00 Let's Dance W/Love 10:30 It's Time To Decorate This Heart 11:30 Prepare For Lunch 2:00 Let's Roll The Dots 3:00 Why Do You Love Me/ 3:30 Black History Reminisce 4:00 Let's Make Roses 5:00 Current News</p>	<p>15</p> <p>10:00 Morning Exercise 10:30 Personal Memory Book 11:00 Make Birthday Card 11:30 Prepare For Lunch 2:00 Church Services 3:00 Big Bingo!! 4:00 Let's Read A Book Fun 5:00 Current News</p>	<p>16</p> <p>10:00 Morning Exercise 10:30 Table Top Bowling 11:00 Slap Jack Card Game Fun 11:30 Prepare For Lunch 2:00 Transportation Bingo 3:00 Spa Day 4:00 Hangman Fun 5:00 Current News</p>	<p>17</p> <p>10:00 Showtime At Elmwood W/Popcom 11:30 Prepare For Lunch 2:00 Bingo Game Fun 3:00 Crossword Puzzle Game 3:30 Dominoes Fun 4:00 Black History Reminisce 4:30 Guess Who 5:00 Current News</p>	<p>18</p> <p>10:00 Morning Exercise 10:30 Bible Study 11:30 Prepare For Lunch 2:00 Video Games Fun 3:00 The Price Is Right 4:00 Let's Listen To Music Fun 5:00 Let's Read Magazine</p>	
<p>19</p> <p>10:00 Showtime At Elmwood W/Popcom 11:30 Prepare For Lunch 2:00 Bingo Fun 3:00 Who Was Booker T. Washington 3:30 Slap Jack Fun 4:00 Mardi Gras Reminisce 4:30 President Day Reminisce 5:00 Trash Card Game</p>	<p>20</p> <p>10:00 Morning Exercise 10:30 Balloon Tennis 11:00 Who Was Little Rock Nine 11:30 Prepare For Lunch 2:00 Spa Day 3:00 Presidents Day Reminisce W/Coffee 3:30 Who What Where When 4:00 You Pulling My Leg 4:30 Trash Card Game 5:00 Current News</p>	<p>21</p> <p>10:00 Dancercise W/Snack 10:30 Whats In The Bag 11:00 Who Was Rosa Parks 11:30 Prepare For Lunch 2:00 Bingo Fun 3:00 Mardi Gras Fun 3:30 Table Top Fun 4:00 Daily Chronicle 4:30 Trash Card Game 5:00 Kings In The Corner</p>	<p>22</p> <p>10:00 Sittercise W/Snacks 10:30 Table Top Bowling 11:00 Who Is Jesse Jackson 11:30 Prepare For Lunch 2:00 Afternoon Church Services 3:00 Social Gathering 3:30 Checkers Fun 4:00 Uno Card Game 4:30 Leap Year Reminisce 5:00 Reminisce George Washington Birthday</p>	<p>23</p> <p>10:00 Jazzercise W/Snacks 10:30 Parachute Fun 11:00 Who Was Mary Mcleod Bethune? 11:30 Prepare For Lunch 2:00 Bingo Fun 3:00 Leap Year Craft 3:30 Spoons Card Game 4:00 Current News 4:30 Trash Card Game 5:00 Combo Dice Game</p>	<p>24</p> <p>10:00 Showtime At Elmwood W/Popcom 11:30 Prepare For Lunch 2:00 Who Was W.E.B De Bios 2:30 Beauty Spa Day 3:00 Connect Four 3:30 Tic Tac Toe Fun 4:00 Let's Talk W/Coffee 4:30 Uno Card Game 5:00 Kings On The Corner</p>	<p>25</p> <p>10:00 Morning Exercise 10:30 Bible Study 11:30 Prepare For Lunch 2:00 Bingo Fun 3:00 Who Was Bessie Smith? 3:30 Checkers Game Fun 4:00 Video Game Fun 5:00 Current News</p>	
<p>26</p> <p>10:00 Showtime At Elmwood/With Popcorn 11:30 Prepare For Lunch 2:00 Bingo Fun 3:00 Connect Four Fun 3:30 Who Is James Earl Jones? 4:00 Reminisce Underground Railroad 4:30 Combo Dice Game 5:00 Trash Game Fun</p>	<p>27</p> <p>10:00 Let's Get Fit 10:30 Balloon Tennis 11:00 Who Was Marcus Garvey 11:30 Prepare For Lunch 2:00 Video Game Fun 3:00 You Pulling My Leg 3:30 Uno Card Game Fun 4:00 Combo Dice Game 4:30 True Of False 5:00 Current News</p>	<p>28</p> <p>10:00 Sittercise W/Snack 10:30 Table Top Bowling Fun 11:00 Who Was Satchel Paige 11:30 Prepare For Lunch 2:00 Bingo Fun 3:00 Newspaper Ads 3:30 Leap Year Craft 4:00 The Price Is Right 4:30 Name That Tune 5:00 Quote Of The Day</p>	<p>29</p> <p>10:00 Move It To The Beat 10:30 Ball Toss Fun 11:00 Black History Reminisce 11:30 Prepare For Lunch 2:00 Afternoon Church Services 3:00 Leap Into March 3:30 Leap Year Craft 4:00 Name That Tv Show 4:30 Rummy Card Game 5:00 Current News</p>	<p><i>Famous February Birthdays</i></p> <p>February 2nd - <i>Christie Brinkley</i> February 3rd - <i>Morgan Fairchild</i> February 5th - <i>Hank Aaron</i> February 6th - <i>Tom Brokaw</i> February 7th - <i>Garth Brooks</i></p>			<p>February 10th - <i>Robert Wagner</i> February 11th - <i>Burt Reynolds</i> February 17th - <i>Michael Jordan</i> February 18th - <i>John Travolta</i> February 24th - <i>Abe Vigoda</i></p>

